



Nutrition &
Allergen Guide



A Mindful Choice is a
Simple Choice

Culver's

More than 20 crave-worthy menu items you can combine into delicious and satisfying meals for around 500 calories.



1 Pick a ButterBurger®, Sandwich or Salad



ButterBurger Single

Grilled Chicken Sandwich

Beef Pot Roast Sandwich

Garden Fresco Salad with Chicken with Raspberry Vinaigrette

2 Pick a Side



Tomato Florentine Soup



Side Salad



Steamed Broccoli



Mashed Potatoes with Gravy

3 Pick a Drink



Diet Soft Drink



Medium Unsweetened Iced Tea

Turn the page to see all our nutrition information or visit www.culvers.com/nutrition



The allergen disclosures listed below reflect individual menu items and do not include cross-contact that may occur during preparation and cooking procedures. Multiple menu items containing allergens such as egg, milk, wheat/gluten, soy, fish and shrimp are cooked in common fryer oil. Culver's serves 100% beef, but it is cooked on the same grill

where bread is toasted. Breads and buns are baked in facilities that handle sesame seeds. Common allergens are present in custard toppings and cross-contact may occur in this area. Culver's cannot guarantee any menu item will be free of an allergen. Please inform a restaurant manager when placing your order if a food allergy or sensitivity is a concern.

	CALORIES		CALORIES FROM FAT		TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)		CHOLESTEROL (MG)	SODIUM (MG)	CARBOHYDRATE (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)	CALCIUM (%DV)	MILK	EGG	FISH	WHEAT/GLUTEN	PEANUT	SHELLFISH	SOY	TREE NUT	SESAME
BUTTERBURGERS*																								
ButterBurger "The Original", Single	390	150	17	7	0.5			55	480	38	1	6	20	15	●			●				●		●
ButterBurger "The Original", Double	560	270	30	12	1			105	580	38	1	6	34	15	●			●				●		●
ButterBurger "The Original", Triple	730	380	43	17	1.5			155	680	38	1	6	48	15	●			●				●		●
ButterBurger Cheese, Single	460	200	23	11	1			75	610	39	1	7	23	25	●			●				●		●
ButterBurger Cheese, Double	700	370	42	19	1.5			145	830	40	1	8	40	35	●			●				●		●
ButterBurger Cheese, Triple	940	530	61	28	2			215	1060	41	1	9	57	45	●			●				●		●
Mushroom & Swiss ButterBurger, Single	500	220	26	11	1			75	580	40	2	6	26	35	●			●				●		●
Mushroom & Swiss ButterBurger, Double	780	410	47	20	1.5			145	790	42	2	6	47	55	●			●				●		●
Mushroom & Swiss ButterBurger, Triple	1060	590	68	29	2			215	990	44	2	6	68	75	●			●				●		●
Sourdough Melt, Single	490	220	25	12	1			80	600	42	2	4	26	19	●			●						
Sourdough Melt, Double	740	400	45	21	1.5			150	840	42	2	4	45	34	●			●						
Sourdough Melt, Triple	1010	570	65	31	2.5			220	1080	47	3	6	64	49	●			●						
The Culver's Deluxe, Single	570	300	34	13	1			85	820	41	1	8	23	27	●	●		●				●		●
The Culver's Deluxe, Double	810	470	53	21	1.5			155	1050	42	1	8	40	35	●	●		●				●		●
The Culver's Deluxe, Triple	1050	630	72	30	2			225	1270	43	1	10	57	45	●	●		●				●		●
The Culver's Bacon Deluxe, Single	610	330	38	14	1			95	980	40	1	8	26	25	●	●		●				●		●
The Culver's Bacon Deluxe, Double	850	500	56	22	1.5			165	1210	41	1	8	43	35	●	●		●				●		●
The Culver's Bacon Deluxe, Triple	1090	660	76	31	2			235	1430	42	1	10	60	45	●	●		●				●		●
Wisconsin Swiss Melt, Single	470	220	24	11	1			80	540	39	4	4	27	22	●			●						
Wisconsin Swiss Melt, Double	720	380	43	19	1.5			150	680	40	4	4	47	42	●			●						
Wisconsin Swiss Melt, Triple	990	550	62	28	2			220	820	46	5	6	67	62	●			●						
CHICKEN																								
Chicken Tenders, Original - 2 Piece	270	110	12	1.5	0			50	920	21	1	1	20	0	●	●	●	●			●	●		
Chicken Tenders, Original - 4 Piece	540	220	24	3	0			100	1840	42	2	2	40	0	●	●	●	●			●	●		
Crispy Chicken Sandwich	460	130	14	3	0			55	1110	56	1	6	25	16	●	●	●	●			●	●		●
Grilled Chicken Sandwich	390	70	8	2	0			95	1070	40	1	6	41	8	●			●						
Spicy Crispy Chicken Sandwich	490	160	17	3.5	0			45	1470	57	2	6	25	19	●	●	●	●			●	●		●
SEAFOOD																								
Butterfly Jumbo Shrimp Basket** - 6 Piece	380	170	18	2	0			60	1470	42	1	7	13	0	●	●	●	●			●	●		
Butterfly Jumbo Shrimp Basket** - 10 Piece	600	280	30	3	0			100	2190	62	1	7	21	0	●	●	●	●			●	●		
Butterfly Jumbo Shrimp Dinner* - 6 Piece	530	210	22	4.5	0			70	1700	63	2	10	17	2	●	●	●	●			●	●		●*
Butterfly Jumbo Shrimp Dinner* - 10 Piece	750	320	34	5.5	0			110	2420	83	2	10	25	2	●	●	●	●			●	●		●*
North Atlantic Cod Filet Sandwich	600	300	34	8	0			88	750	50	1	6	26	22	●	●	●	●			●	●		●*
North Atlantic Cod Dinner* - 2 Piece	920	600	68	10	0.5			160	950	42	0	5	37	8	●	●	●	●			●	●		●*
North Atlantic Cod Dinner* - 3 Piece	1130	710	80	12	0.5			220	1140	51	0	5	53	11	●	●	●	●			●	●		●*
HOMESTYLE FAVORITES																								
Beef Pot Roast Dinner	490	168	16	8.5	1			150	1100	46	1	6	32	4	●			●				●		●*
Beef Pot Roast Sandwich	410	130	13	6	1			140	740	40	1	8	31	15	●			●				●		●
Chopped Steak Dinner	600	320	36	13.5	1			110	875	32	2	5	33	2	●			●				●		●*
Grilled Reuben Melt	660	340	38	15	0			105	1840	43	4	6	37	42	●	●		●						
Harvest Veggie Burger	590	230	25	10	0			60	1080	72	6	10	19	41	●	●		●				●		●
Pork Loin Sandwich	630	230	25	5	0			45	900	72	3	6	18	15	●		●	●			●			●
KIDS' MEALS (À LA CARTE)																								
ButterBurger "The Original", Single	390	150	17	7	0.5			55	480	38	1	6	20	15	●			●				●		●
ButterBurger Cheese, Single	460	200	23	11	1			75	610	39	1	7	23	25	●			●				●		●
Chicken Tenders, Original - 2 Piece	270	110	12	1.5	0			50	920	21	1	1	20	0	●	●	●	●			●	●		
Corn Dog	240	130	14	4	0			20	500	23	0	7	6	0	●	●	●	●			●	●		
Grilled Cheese	360	150	17	9	0			50	610	39	1	4	13	24	●			●				●		●
Crinkle Cut Fries, Small	240	80	9	1	0			0	350	35	3	0	4	0	●	●	●	●			●	●		
Mott's® Applesauce	50	0	0	0	0			0	10	12	2	8	0	0										
Chocolate Milk, %1 Low Fat	160	25	2	1.5	0			15	220	27	0	26	8	30	●									
Milk, 1%	110	20	2	1.5	0			10	130	13	0	12	8	30	●									
Mott's® Apple Juice	100	0	0	0	0			0	10	24	0	23	0	0										
SIDES																								
Chili Cheddar Fries	690	290	32	10	0			45	1580	80	7	3	19	26	●	●	●	●			●	●		
Coleslaw	200	140	16	2.5	0			10	240	15	2	13	1	3										
Coleslaw, Large	600	430	48	8	1			30	710	44	5	38	3	10		●								
Crinkle Cut Fries, Small	240	80	9	1	0			0	350	35	3	0	4	0	●	●	●	●			●	●		
Crinkle Cut Fries, Medium	360	130	14	2	0			0	530	53	4	0	6	0	●	●	●	●			●	●		
Crinkle Cut Fries, Large	460	160	18	2	0			0	680	68	5	0	7	3	●	●	●	●			●	●		
Mashed Potatoes, Plain	110	0	0	0	0			0	220	23	2	0	4	5	●									
Mashed Potatoes & Gravy	130	12	1	0.5	0			0	410	25	2	0	4	5				●						
Mashed Potatoes & Gravy, Large	400	77	8	3	0			0	1710	72	6	0	10	15	●			●						
Onion Rings	400	200	22	2.5	0			0	530	44	3	3	6	4	●	●	●	●			●	●		

*Nutritional information for Dinners only represents the protein, dipping sauce, lemon wedge, dinner roll and butter

**Nutritional information for Basket only represents the protein, dipping sauce and lemon wedge

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

● Contains allergen (includes condiments) ● Possible cross-contact in fryer ●* Possible cross-contact at manufacturer

Item	Nutrition Facts					Allergen Information							Additional Allergens									
	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Calcium (%DV)	Milk	Egg	Fish	Wheat/Gluten	Peanut	Shellfish	Soy	Tree Nut	Seafood		
SIDES (CONTINUED)																						
Onion Rings, Large	800	400	44	5	0	0	1060	88	6	6	12	8	●	●	●	●	●	●	●	●		
Side Salad	50	25	2	1	0	6	100	5	1	1	2	4	●									
Steamed Broccoli	40	0	0	0	0	0	40	7	3	2	3	5										
Wisconsin Cheddar Cheese Sauce	130	90	10	6	0	30	410	3	0	1	6	17	●									
Wisconsin Cheese Curds	510	230	25	12	1	55	1230	51	0	4	20	40	●	●	●	●						
Wisconsin Cheese Curds, Large	1020	460	50	24	1.5	110	2460	102	0	8	40	80	●	●	●	●	●	●	●	●		
SALAD & SALAD DRESSINGS																						
Chicken Cashew Salad with Grilled Chicken	450	220	24	9	0	115	860	13	3	3	46	26	●							●		
Cranberry Bacon Bleu Salad with Grilled Chicken	360	120	14	7	0	120	1110	14	2	9	44	20										
Garden Fresco Salad with Grilled Chicken	350	120	14	6	0	115	930	15	2	2	44	25	●		●							
Strawberry Fields Salad with Grilled Chicken	390	190	22	4.5	0	100	840	9	4	4	40	13	●							●		
Culver's® Vinaigrette	130	117	13	2	0	0	330	3	0	2	0	0										
Honey Mustard Dressing	130	50	6	1	0	0	400	20	0	18	0	0										
Ken's® Blue Cheese Dressing	200	189	21	4	0	15	320	2	0	1	1	2	●	●								
Ken's® Country French Dressing	190	135	15	0	0	0	300	13	0	12	0	0										
Ken's® Raspberry Vinaigrette Dressing	50	0	0	0	0	0	115	12	0	10	0	0										
Ranch Dressing	180	170	19	3	0	20	380	2	0	1	1	0	●	●								
SOUPS (CHOICES VARY BY RESTAURANT)																						
Boston Clam Chowder	260	100	11	4	0	30	1530	27	1	8	12	22	●		●	●		●	●			
Broccoli Cheese	220	100	12	6	0	31	1160	17	1	9	10	32	●							●		
Chicken Noodle	100	20	2	0	0	30	1100	15	1	1	6	2		●						●		
George's® Chili	300	120	13	4	1	45	1410	26	6	6	17	14								●		
George's® Chili Supreme	385	190	20	9	1	72	1470	27	7	7	20	23	●							●		
Potato with Bacon	240	80	10	4	0	25	1140	28	2	9	9	22	●							●		
Stuffed Green Pepper	140	20	2	1	0	10	1170	24	1	6	5	7								●		
Tomato Florentine	110	10	1	0.5	0	0	1280	22	2	7	4	7	●	●						●		
Vegetable Beef Soup	160	50	4	2	0	20	1280	22	2	4	8	0								●		
Wild and Brown Rice with Chicken	270	120	14	5	0	38	1220	26	1	9	10	22	●							●		
BREADS																						
Kaiser Bun - Lightly Toasted & Buttered Bun	220	35	4	2	0	5	380	38	1	6	6	15	●							●		
Dinner Roll & Butter Packet	150	40	4	2.5	0	10	230	21	0	3	4	2	●							●		
Hoagie Bun - Lightly Buttered & Toasted	225	45	5	2	0	5	360	39	1	5	7	6								●		
Rotella's Gluten Free Bun	210	30	0	0	0	0	420	40	2	6	5	0								●		
Rye Bread - Lightly Buttered & Toasted (2 Slices)	200	50	5	2	0	10	400	33	3	2	7	2	●							●		
Sourdough Bread - Lightly Buttered & Toasted (2 Slices)	220	45	5	2	0	10	360	37	1	2	7	4	●							●		
CONDIMENTS & DIPPING																						
American Cheese, Slice	70	50	6	3.5	0	20	130	5	0	1	3	10	●							●		
Cheddar Cheese, Slice	160	140	14	9	0.5	40	280	0	0	0	10	10	●							●		
Swiss Cheese, Slice	160	140	12	7	0.5	40	80	2	0	0	12	10	●							●		
Bacon, 2 Slices	45	30	4	1	0	10	160	7	0	0	3	0										
Frank's RedHot® Buffalo Dipping Sauce	5	0	0	0	0	0	390	1	0	0	0	0										
Fry Sauce	120	100	11	2	0	10	240	5	0	3	0	2	●	●								
Honey Mustard	130	50	6	1	0	0	400	20	0	18	0	0										
Horseradish Sauce	60	60	6	1	0	5	90	2	0	1	0	0								●		
Ketchup Packet - Dip & Squeeze	30	0	0	0	0	0	250	8	0	6	0	0										
Malt Vinegar	9	0	0	0	0	0	0	0	0	0	0	0										
Mayonnaise Packet	80	80	8	1.5	0	5	80	1	0	1	0	0								●		
Mustard Packet, Yellow	0	0	0	0	0	0	130	0	0	0	0	0										
Ranch Dressing	180	170	19	3	0	20	380	2	0	1	1	0	●	●								
Shrimp Cocktail Sauce	50	0	0	0	0	0	390	12	1	7	1	0										
Sweet Baby Ray's® BBQ Sauce	110	0	0	0	0	0	450	28	1	26	1	0										
Tartar Sauce	360	350	39	6	0.5	30	340	3	0	2	1	0										
Wisconsin Cheddar Cheese Sauce	130	90	10	6	0	30	410	3	0	1	6	17	●									
CONES & DISHS																						
Chocolate Cake Cone, 1 Scoop	300	130	14	9	0.5	95	130	40	1	29	6	18	●	●						●		
Chocolate Cake Cone, 2 Scoop	560	250	28	17	1	185	230	73	2	57	11	35	●	●						●		
Chocolate Cake Cone, 3 Scoop	700	310	35	21	1	235	290	90	3	71	14	44	●	●						●		
Chocolate, Dish, 1 Scoop	280	130	14	9	0.5	95	120	35	1	29	6	18	●	●								
Chocolate, Dish, 2 Scoop	540	250	28	17	1	185	220	68	2	57	11	35	●	●								
Chocolate, Dish, 3 Scoop	680	310	35	21	1	235	280	85	3	71	14	44	●	●								
Chocolate, Waffle Cone, 1 Scoop	390	140	14	9	0.5	95	180	60	2	37	8	20	●	●						●		
Chocolate, Waffle Cone, 2 Scoop	650	260	28	17	1	185	280	93	3	65	13	37	●	●						●		
Chocolate, Waffle Cone, 3 Scoop	790	320	36	21	1	235	340	110	4	79	16	46	●	●						●		
Vanilla Cake Cone, 1 Scoop	330	170	18	11	0.5	115	90	36	0	27	5	18	●	●						●		
Vanilla Cake Cone, 2 Scoop	610	320	35	22	1	220	170	64	0	52	10	34	●	●						●		
Vanilla Cake Cone, 3 Scoop	760	400	45	27	1.5	280	210	80	0	65	13	43	●	●						●		
Vanilla, Dish, 1 Scoop	310	170	18	11	0.5	115	80	31	0	27	5	18	●	●								
Vanilla, Dish, 2 Scoop	590	320	35	22	1	220	160	59	0	52	10	34	●	●								
Vanilla, Dish, 3 Scoop	740	400	45	27	1.5	280	200	75	0	65	13	43	●	●								
Vanilla, Waffle Cone, 1 Scoop	420	180	18	11	0.5	115	140	56	1	35	7	20	●	●						●		
Vanilla, Waffle Cone, 2 Scoop	700	330	36	22	1	220	220	84	1	60	12	36	●	●						●		
Vanilla, Waffle Cone, 3 Scoop	850	410	46	27	1.5	280	260	100	1	73	15	45	●	●						●		
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Item Name	Nutrition Facts					Allergen Information															
	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Contains Milk	Contains Egg	Contains Fish	Contains Wheat/Gluten	Contains Peanut	Contains Shellfish	Contains Soy	Contains Tree Nut	Contains Sesame		
CLASSIC SUNDAES																					
Banana Split, 2 Scoop	1090	560	61	28	1	222	370	122	8	91	15	40	●	●					●		
Banana Split, 3 Scoop	1380	660	74	35	1.5	285	500	166	8	125	19	53	●	●					●		
Caramel Cashew, 1 Scoop	600	310	33	15	0.5	120	300	67	1	45	10	23	●	●					●		
Caramel Cashew, 2 Scoop	1000	470	52	27	1	230	480	121	1	85	16	43	●	●					●		
Caramel Cashew, 3 Scoop	1150	550	62	32	1.5	290	520	137	1	98	19	52	●	●					●		
Turtle Sundae, 1 Scoop	640	380	41	15	0.5	118	290	60	2	46	8	24	●	●					●		
Turtle Sundae, 2 Scoop	1040	550	61	29	1	225	470	111	2	88	14	44	●	●					●		
Turtle Sundae, 3 Scoop	1190	630	71	34	1.5	285	510	127	2	101	17	53	●	●					●		
LEMON ICE (WITHOUT FRUIT FLAVOR)																					
Lemon Ice, 1 Scoop	200	0	0	0	0	0	0	49	0	42	0	0									
Lemon Ice, 2 Scoop	270	0	0	0	0	0	0	67	0	58	0	0									
Lemon Ice, 3 Scoop	360	0	0	0	0	0	0	88	0	78	0	0									
Lemon Ice Cooler, Small	240	0	0	0	0	0	0	59	0	51	0	0									
Lemon Ice Cooler, Medium	350	0	0	0	0	0	0	87	0	75	0	0									
Lemon Ice Cooler, Large	460	0	0	0	0	0	0	112	0	100	0	0									
Lemon Ice Smoothie, Small	390	120	13	8	0	80	60	64	0	55	4	13	●	●							
Lemon Ice Smoothie, Medium	480	130	14	8	0	80	60	85	0	74	4	13	●	●							
Lemon Ice Smoothie, Large	580	120	13	8	0	80	60	110	0	97	4	13	●	●							
HANDCRAFTED BEVERAGES																					
Culver's® Root Beer Float, Small	400	150	17	10	0	105	135	61	0	58	5	16	●	●							
Culver's® Root Beer Float, Medium	440	150	17	10	0	105	160	72	0	68	5	16	●	●							
Culver's® Root Beer Float, Large	530	170	18	11	1	113	200	91	0	85	6	21	●	●							
Chocolate Malt, Small	650	290	32	20	1	200	210	80	0	64	10	32	●	●							
Chocolate Malt, Medium	850	350	38	23	1	240	290	114	0	88	12	38	●	●		●					
Chocolate Malt, Large	1130	450	49	28	1.5	304	410	156	0	119	17	49	●	●		●					
Chocolate Shake, Small	630	290	32	20	1	200	200	76	0	61	10	32	●	●							
Chocolate Shake, Medium	820	350	38	23	1	240	270	108	0	83	12	38	●	●							
Chocolate Shake, Large	1080	450	49	28	1.5	304	380	147	0	112	16	49	●	●							
Mint Shake, Small	640	290	32	20	1	200	250	79	0	68	10	34	●	●							
Mint Shake, Medium	840	350	38	23	1	240	380	114	0	97	12	42	●	●							
Mint Shake, Large	1110	450	49	28	2	304	550	156	0	133	16	55	●	●							
Peanut Butter Shake, Small	740	450	50	23	1	200	320	61	2	52	17	34	●	●			●				
Peanut Butter Shake, Medium	1040	670	74	28	1	240	520	78	4	65	26	42	●	●			●				
Peanut Butter Shake, Large	1410	930	103	36	1.5	304	750	102	6	85	37	55	●	●			●				
Root Beer Shake, Small	600	290	32	20	1	200	170	71	0	64	10	32	●	●							
Root Beer Shake, Medium	760	350	38	23	1	240	220	98	0	89	12	38	●	●							
Root Beer Shake, Large	1380	640	71	43	2.5	440	390	171	0	153	22	75	●	●							
Salted Caramel Shake, Small	660	305	34	21	1	200	410	79	0	63	11	32	●	●							
Salted Caramel Shake, Medium	880	380	41	25	1	240	700	114	0	87	14	38	●	●							
Salted Caramel Shake, Large	1170	491	53	31	1.5	304	1023	156	0	118	19	49	●	●							
Strawberry Malt, Small	600	290	32	20	1	200	160	68	0	60	10	32	●	●			●				
Strawberry Malt, Medium	760	350	38	23	1	240	200	92	1	82	12	38	●	●			●				
Strawberry Malt, Large	1000	450	49	29	1.5	306	280	124	2	111	17	49	●	●			●				
Strawberry Shake, Small	590	290	32	20	1	200	150	66	1	59	10	32	●	●							
Strawberry Shake, Medium	730	350	38	23	1	240	180	86	1	77	12	38	●	●							
Strawberry Shake, Large	950	450	49	29	1.5	306	240	114	2	103	16	49	●	●							
Vanilla Malt, Small	600	320	35	20	1	218	190	62	0	56	12	35	●	●			●				
Vanilla Malt, Medium	760	400	44	26	1.5	274	240	79	0	71	15	44	●	●			●				
Vanilla Malt, Large	1240	670	72	42	2.5	446	390	128	0	115	25	71	●	●			●				
Vanilla Shake, Small	580	320	35	20	1	218	170	58	0	52	12	35	●	●							
Vanilla Shake, Medium	730	400	44	26	1.5	274	220	73	0	66	15	44	●	●							
Vanilla Shake, Large	1190	650	71	42	2.5	446	360	119	0	107	24	71	●	●							
CONCRETE MIXERS™																					
Create Your Own Chocolate Custard Concrete Mixer, Mini	340	160	17	11	0.5	120	140	43	2	36	7	22	●	●							
Create Your Own Chocolate Custard Concrete Mixer, Small	590	270	30	18	1	205	240	74	3	62	12	38	●	●							
Create Your Own Chocolate Custard Concrete Mixer, Medium	700	320	36	22	1	240	290	88	3	74	15	45	●	●							
Create Your Own Chocolate Custard Concrete Mixer, Large	1030	470	52	32	2	350	420	128	4	107	21	65	●	●							
Create Your Own Vanilla Concrete Mixer, Mini	370	200	22	14	0.5	140	100	37	0	33	6	20	●	●							
Create Your Own Vanilla Concrete Mixer, Small	650	350	39	24	1.5	240	170	65	0	57	11	38	●	●							
Create Your Own Vanilla Concrete Mixer, Medium	770	410	46	28	1.5	290	210	77	0	67	13	45	●	●							
Create Your Own Vanilla Concrete Mixer, Large	1120	600	67	41	2.5	420	300	112	0	98	19	65	●	●							
Chocolate Concrete Mixer made with Oreo®, Mini	430	190	20	12	0.5	119	210	55	2	42	7	19	●	●			●				
Chocolate Concrete Mixer made with Oreo®, Small	680	310	33	19	1	206	300	85	3	67	12	32	●	●			●				
Chocolate Concrete Mixer made with Oreo®, Medium	880	390	42	23	1	245	420	112	3	86	15	38	●	●			●				
Chocolate Concrete Mixer made with Oreo®, Large	1290	570	62	34	2	357	620	164	5	126	22	56	●	●			●				
Chocolate Concrete Mixer made with Reese's®, Mini	480	240	25	14	0.5	119	230	57	3	48	9	21	●	●			●				
Chocolate Concrete Mixer made with Reese's®, Small	730	350	38	21	1	206	320	87	4	73	14	34	●	●			●				
Chocolate Concrete Mixer made with Reese's®, Medium	980	480	51	27	1	245	460	116	5	98	19	42	●	●			●				
Chocolate Concrete Mixer made with Reese's®, Large	1440	710	75	40	2	357	680	170	8	144	28	62	●	●			●				
Mint Concrete Mixer made with Oreo®, Mini	470	220	24	15	0.5	140	190	57	0	47	7	21	●	●			●				
Mint Concrete Mixer made with Oreo®, Small	750	370	41	25	1.5	240	260	85	0	71	12	39	●	●			●				
2,000 calories a day is used for general nutrition advice, but calorie needs vary.																					
										●	Contains allergen (includes condiments)					●	Possible cross-contact in fryer				

CONCRETE MIXERS* (CONTINUED)	NUTRITION FACTS					ALLERGEN INFORMATION																
	CALORIES	CALORIES FROM FAT	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	CARBOHYDRATE (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)	CALCIUM (ADV)	MILK	EGG	FISH	WHEAT/GLUTEN	PEANUT	SHELLFISH	SOY	TREE NUT	SEEAWE	
Mint Concrete Mixer made with Oreo®, Medium	960	450	50	29	1.5	290	390	116	0	95	14	47	●	●	●				●			
Mint Concrete Mixer made with Oreo®, Large	1410	650	72	43	2.5	420	570	170	0	140	20	68	●	●	●				●			
Salted Caramel Concrete Mixer made with Brownie, Mini	605	250	27	16	0.5	148	500	83	0	61	8	20	●	●	●							
Salted Caramel Concrete Mixer made with Brownie, Small	890	400	44	26	1.5	248	570	111	0	85	14	38	●	●	●							
Salted Caramel Concrete Mixer made with Brownie, Medium	1120	490	54	31	1.5	305	750	144	1	108	17	45	●	●	●							
Salted Caramel Concrete Mixer made with Brownie, Large	1590	710	78	45	2.5	442	970	200	2	152	24	65	●	●	●							
Salted Caramel Concrete Mixer made with Cookie Dough, Mini	610	250	27	17	0.5	148	520	84	0	60	8	20	●	●	●					●		
Salted Caramel Concrete Mixer made with Cookie Dough, Small	890	400	44	27	1.5	248	590	112	0	84	13	38	●	●	●					●		
Salted Caramel Concrete Mixer made with Cookie Dough, Medium	1130	490	54	32	1.5	305	780	145	0	106	16	45	●	●	●					●		
Salted Caramel Concrete Mixer made with Cookie Dough, Large	1600	710	78	47	2.5	442	1030	202	0	149	23	65	●	●	●					●		
Salted Caramel Concrete Mixer made with Reese's®, Mini	620	260	28	17	0.5	140	540	82	0	62	9	21	●	●	●		●			●		
Salted Caramel Concrete Mixer made with Reese's®, Small	900	410	45	27	1.5	240	610	110	0	86	14	39	●	●	●					●		
Salted Caramel Concrete Mixer made with Reese's®, Medium	1150	520	57	33	1.5	290	830	143	1	111	18	47	●	●	●		●			●		
Salted Caramel Concrete Mixer made with Reese's®, Large	1630	760	83	48	2.5	420	1100	198	2	156	26	68	●	●	●		●			●		
Vanilla Concrete Mixer made with Butterfingers®, Mini	510	250	28	17	0.5	140	180	57	1	45	9	21	●	●	●		●			●		
Vanilla Concrete Mixer made with Butterfingers®, Small	790	400	44	27	1.5	240	250	85	1	69	14	39	●	●	●		●			●		
Vanilla Concrete Mixer made with Butterfingers®, Medium	1050	500	57	34	1.5	290	360	117	2	91	19	47	●	●	●		●			●		
Vanilla Concrete Mixer made with Butterfingers®, Large	1540	740	84	50	2.5	420	530	172	3	134	28	68	●	●	●		●			●		
Vanilla Concrete Mixer made with Heath®, Mini	520	280	31	19	0.5	145	200	54	1	50	7	22	●	●	●					●	●	
Vanilla Concrete Mixer made with Heath®, Small	800	430	48	29	1.5	245	270	82	1	74	12	40	●	●	●					●	●	
Vanilla Concrete Mixer made with Heath®, Medium	1070	570	64	38	1.5	300	400	111	2	101	15	49	●	●	●					●	●	
Vanilla Concrete Mixer made with Heath®, Large	1570	840	94	56	2.5	435	590	163	3	149	22	71	●	●	●					●	●	
Vanilla Concrete Mixer made with Cookie Dough, Mini	490	250	27	16	0.5	155	150	55	0	42	7	20	●	●	●					●		
Vanilla Concrete Mixer made with Cookie Dough, Small	770	400	44	26	1.5	255	220	83	0	66	12	38	●	●	●					●		
Vanilla Concrete Mixer made with Cookie Dough, Medium	1010	500	56	32	1.5	320	310	113	0	85	15	45	●	●	●					●		
Vanilla Concrete Mixer made with Cookie Dough, Large	1480	740	82	17	2.5	465	450	166	0	125	22	65	●	●	●					●		
Vanilla Concrete Mixer made with Oreo®, Mini	460	240	26	15	0.5	140	180	51	0	41	7	20	●	●	●					●		
Vanilla Concrete Mixer made with Oreo®, Small	740	390	42	25	1.5	240	250	79	0	65	12	38	●	●	●					●		
Vanilla Concrete Mixer made with Oreo®, Medium	950	480	53	30	1.5	290	370	105	0	83	15	45	●	●	●					●		
Vanilla Concrete Mixer made with Oreo®, Large	1390	710	78	44	2.5	420	540	154	0	122	22	65	●	●	●					●		
Vanilla Concrete Mixer made with Reese's®, Mini	510	280	30	17	0.5	140	200	53	1	47	9	22	●	●	●		●			●		
Vanilla Concrete Mixer made with Reese's®, Small	790	430	47	27	1.5	240	270	81	1	71	14	40	●	●	●					●		
Vanilla Concrete Mixer made with Reese's®, Medium	1050	570	62	34	1.5	290	410	109	2	95	19	49	●	●	●		●			●		
Vanilla Concrete Mixer made with Reese's®, Large	1540	840	91	50	2.5	420	600	160	3	140	28	71	●	●	●		●			●		
MIX-INS & TOPPINGS (1 OUNCE PORTION)																						
Andes Crème De Menthe Thins	120	70	7	7	0	0	10	12	1	11	1	2	●							●		
Bananas	50	0	0	0	0	0	0	12	2	7	1	0										
Blackberries	40	0	0	0	0	0	0	10	2	8	0	0										
Blueberries	40	0	0	0	0	0	0	10	0	9	0	0										
Brownie Pieces	110	45	5	1	0	15	15	17	1	11	2	0		●								
Butterfingers®	140	45	6	3	0	0	75	20	1	12	3	1	●				●			●		
Cashew	160	120	13	2.5	0	0	110	8	1	1	4	1									●	
Chocolate Chip Cookie Dough	120	45	5	2	0	15	50	18	0	9	1	0	●	●		●				●		
Crème® De Menthe	100	0	0	0	0	0	100	25	0	20	0	2	●									
Chocolate Syrup	90	0	0	0	0	0	45	22	0	13	0	0										
Dove® Chocolate Pieces	120	70	7	4	0	0	0	13	2	10	1	0	●							●		
Elii's® Butter Cake Pieces	90	30	4	2	0	20	45	13	0	9	1	0	●	●		●				●		
Elii's® Cheesecake Pieces	100	45	6	3.5	0	30	85	11	0	6	1	0	●	●		●				●		
Elii's® Chocolate Cake Pieces	100	55	6	2.5	0	10	55	11	0	8	1	0	●	●		●				●		
Espresso	2	0	0	0	0	0	1	0	0	0	0	0										
Granola Clusters	55	9	1	0	0	0	25	12	1	4	1	0				●				●		
Hot Caramel	120	15	2	1	0	5	105	26	0	15	1	4	●									
Hot Fudge	120	35	4	4	0	0	95	21	0	18	1	5	●									
Heath® Toffee Chunks	150	80	9	5	0	5	95	17	1	17	1	2	●							●	●	
M&M® Minis	140	50	6	3.5	0	0	20	20	1	18	2	3	●							●		
Mango Fruit Infusion	60	0	0	0	0	0	5	16	0	15	0	0										
Maraschino Cherries	10	0	0	0	0	0	0	2	0	2	0	0										
Marshmallow Creme	100	0	0	0	0	0	20	26	0	22	0	0										
Oreo® Cookie Crumbs	90	35	4	1	0	0	80	14	0	8	1	0			●					●		
Peaches	35	0	0	0	0	0	10	9	0	8	0	0										
Peanut Butter	200	160	18	2.5	0	0	170	7	2	4	7	2					●					
Pecan Halves	200	180	20	2	0	0	110	3	2	1	2	1									●	
Raspberries	40	0	0	0	0	0	0	9	1	8	0	0										
Reese's® Peanut Butter Cups	140	80	8	3	0	0	100	16	1	14	3	2	●				●			●		
Root Beer	60	0	0	0	0	0	20	17	0	16	0	0										
Salted Caramel	120	15	2	1	0	0	260	25	0	15	1	0	●									
Snickers® Candy Bar Pieces	130	60	6	2.5	0	0	65	17	1	14	2	3	●	●			●			●	●	
Sprinkles, Blue and White	100	20	2	1.5	0	0	0	21	0	20	0	0								●		
Strawberries	40	0	0	0	0	0	0	10	1	9	0	0										
Sugar Cookies	130	50	6	0	0	0	60	20	0	8	1	0				●				●		
Whipped Topping	15	10	1	0.5	0	0	0	1	0	0	0	0	●									
Wild Cherries	80	0	0	0	0	0	50	19	0	17	0	0										
2,000 calories a day is used for general nutrition advice, but calorie needs vary.																						
												● Contains allergen (includes condiments) ● Possible cross-contact in fryer										

DRINKS

CALORIE DECLARATIONS FOR EACH SIZE REFER TO THE TOTAL CUP CAPACITY, WITHOUT ADDED ICE. THE ACTUAL FILL AND CALORIE CONTENT MAY BE LESS DEPENDING ON THE AMOUNT OF ICE ADDED.

	CALORIES	CALORIES FROM FAT	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)		CHOLESTEROL (MG)	SODIUM (MG)	CARBOHYDRATE (G)	DIETARY FIBER (G)	SUGAR (G)	PROTEIN (G)	CALCIUM (%DV)	MILK	EGG	FISH	WHEAT/GLUTEN	PEANUT	SHELLFISH	SOY	TREE NUT	SEASAME	
Bottled Water	0	0	0	0	0		0	0	0	0	0	0											
Chocolate Milk, %1 Low Fat	160	25	2	1.5	0		15	220	27	0	26	8	30	●									
Coca-Cola High Yield, Small	200	0	0	0	0		0	55	54	0	54	0	0										
Coca-Cola High Yield, Medium	270	0	0	0	0		0	75	74	0	74	0	0										
Coca-Cola High Yield, Large	390	0	0	0	0		0	105	107	0	107	0	0										
Coca-Cola Zero Sugar, Small	0	0	0	0	0		0	55	0	0	0	0	0										
Coca-Cola Zero Sugar, Medium	0	0	0	0	0		0	75	0	0	0	0	0										
Coca-Cola Zero Sugar, Large	0	0	0	0	0		0	105	0	0	0	0	0										
Coffee, 8 fl. oz.	0	0	0	0	0		0	0	0	0	0	0	0										
Culver's® Diet Root Beer, Small	0	0	0	0	0		0	110	0	0	0	0	0										
Culver's® Diet Root Beer, Medium	0	0	0	0	0		0	150	0	0	0	0	0										
Culver's® Diet Root Beer, Large	0	0	0	0	0		0	220	0	0	0	0	0										
Culver's® Root Beer, Small	220	0	0	0	0		0	110	59	0	58	0	0										
Culver's® Root Beer, Medium	300	0	0	0	0		0	150	81	0	79	0	0										
Culver's® Root Beer, Large	430	0	0	0	0		0	220	118	0	116	0	0										
Diet Coke High Yield, Small	0	0	0	0	0		0	65	0	0	0	0	0										
Diet Coke High Yield, Medium	0	0	0	0	0		0	90	1	0	0	0	0										
Diet Coke High Yield, Large	0	0	0	0	0		0	130	1	0	0	0	0										
Diet Dr Pepper®, Small	0	0	0	0	0		0	95	0	0	0	0	0										
Diet Dr Pepper®, Medium	0	0	0	0	0		0	130	0	0	0	0	0										
Diet Dr Pepper®, Large	0	0	0	0	0		0	190	0	0	0	0	0										
Dr Pepper®, Small	190	0	0	0	0		0	60	52	0	51	0	0										
Dr Pepper®, Medium	260	0	0	0	0		0	80	72	0	70	0	0										
Dr Pepper®, Large	380	0	0	0	0		0	115	104	0	102	0	0										
Fanta Orange, Small	210	0	0	0	0		0	55	53	0	53	0	0										
Fanta Orange, Medium	280	0	0	0	0		0	75	73	0	73	0	0										
Fanta Orange, Large	410	0	0	0	0		0	105	106	0	106	0	0										
Fresh Brewed Sweet Tea, Small	130	0	0	0	0		0	0	33	0	33	0	0										
Fresh Brewed Sweet Tea, Medium	180	0	0	0	0		0	0	46	0	46	0	0										
Fresh Brewed Sweet Tea, Large	260	0	0	0	0		0	0	67	0	67	0	0										
Fresh Brewed Sweet Tea, Small (Southern)	190	0	0	0	0		0	0	50	0	0	0	0										
Fresh Brewed Sweet Tea, Medium (Southern)	270	0	0	0	0		0	0	68	0	0	0	0										
Fresh Brewed Sweet Tea, Large (Southern)	390	0	0	0	0		0	0	100	0	0	0	0										
Fresh Brewed Tea, Small	0	0	0	0	0		0	0	0	0	0	0	0										
Fresh Brewed Tea, Medium	0	0	0	0	0		0	0	0	0	0	0	0										
Fresh Brewed Tea, Large	0	0	0	0	0		0	0	0	0	0	0	0										
Hi-C Flashin Fruit Punch, Small	210	0	0	0	0		0	100	57	0	55	0	0										
Hi-C Flashin Fruit Punch, Medium	300	0	0	0	0		0	135	78	0	76	0	0										
Hi-C Flashin Fruit Punch, Large	430	0	0	0	0		0	200	113	0	110	0	0										
Mello Yello, Small	220	0	0	0	0		0	65	58	0	58	0	0										
Mello Yello, Medium	300	0	0	0	0		0	95	80	0	80	0	0										
Mello Yello, Large	440	0	0	0	0		0	135	116	0	116	0	0										
Milk, 1%	110	20	2	1.5	0		10	130	13	0	12	8	30	●									
Minute Maid Lemonade (HFCS), Small	180	0	0	0	0		0	130	48	0	46	0	0										
Minute Maid Lemonade (HFCS), Medium	250	0	0	0	0		0	180	66	0	63	0	0										
Minute Maid Lemonade (HFCS), Large	370	0	0	0	0		0	260	96	0	92	0	0										
Mott's® Apple Juice	100	0	0	0	0		0	10	24	0	23	0	0										
Powerade Mountain Berry Blast, Small	120	0	0	0	0		0	150	29	0	29	0	0										
Powerade Mountain Berry Blast, Medium	160	0	0	0	0		0	210	40	0	40	0	0										
Powerade Mountain Berry Blast, Large	230	0	0	0	0		0	300	59	0	58	0	0										
Sprite High Yield, Small	190	0	0	0	0		0	95	50	0	50	0	0										
Sprite High Yield, Medium	250	0	0	0	0		0	130	68	0	68	0	0										
Sprite High Yield, Large	370	0	0	0	0		0	190	99	0	99	0	0										

Mindful Choices Around Gluten

The menu items listed below do not contain sources of gluten based on ingredient information from our suppliers and their voluntary stated absence of gluten. Because Culver's® restaurants are not gluten-free environments, we are unable to guarantee any menu items, including those listed below, are completely free of gluten. Cross-contact may occur during preparation and cooking procedures. Please inform the manager or cashier if you have a gluten sensitivity or intolerance when ordering.

★ This item is cooked on a grill that may come into contact with other items that contain gluten.



Meats (no bun)

Bacon*
Beef Pot Roast
ButterBurger® Patty*
Corned Beef*
Grilled Chicken*

Salads (no croutons)

Chicken Cashew with Grilled Chicken*
Cranberry Bacon* Bleu with Grilled Chicken*
Garden Fresco with Grilled Chicken*

Salad Dressings

Culver's Vinaigrette
Honey Mustard
Ranch
Ken's® Blue Cheese
Ken's® Country French
Ken's® Raspberry Vinaigrette

Soups (no crackers)

George's Chili®
Broccoli Cheese

Bun

Rotella's Gluten Free Bun

Sides

Applesauce
Coleslaw
Mashed Potatoes (no gravy)
Steamed Broccoli
Side Salad

Condiments

American Cheese
Bleu Cheese
Cheddar Cheese
Dill Pickles
Fry Sauce
Frank's RedHot Buffalo Dipping Sauce
Honey Mustard
Horseradish Sauce
Ketchup
Lettuce
Mayonnaise
Mushrooms
Mustard
Red Onion
Swiss Cheese
Tomato

Beverages

All milk and beverage options do not contain gluten.

Custard (no cone)

Chocolate Custard
Culver's® Root Beer Float
Vanilla Custard
Vanilla Shake

Classic Sundaes

Banana Split
Caramel Cashew
Turtle

Lemon Ice

Lemon Ice (plain or with toppings listed in this document)

Mix-Ins & Toppings

Nuts

Cashews
Pecans

Fruits

Banana
Blackberries
Blueberries
Wild Cherries
Mango
Peaches
Raspberries
Strawberries

Mix-Ins & Toppings

(continued)

Ooey Gooley

Crème® De Menthe
Chocolate Syrup
Hot Caramel
Hot Fudge
Marshmallow Topping
Novelty Chocolate
Reese's® Peanut Butter
Root Beer
Salted Caramel
Whipped Cream

Candies

Andes Crème de Menthe®
Butterfinger®
Heath®
M&M's®
Reese's® Peanut Butter Cups
Snickers®
Dove® Chocolate Pieces



Nutrition & Allergen

FACTS ALL IN ONE PLACE

www.culvers.com/menu-and-nutrition

*As part of our commitment to our guests, our allergen guides are based on product information provided by Culver's® approved suppliers. Every effort is made to keep this information current; however, it is possible that ingredient changes and substitutions may occur. We recommend that our guests with allergies and sensitivities consult their medical professional and speak to a Culver's® restaurant manager before placing an order to ensure the posted information is accurate and represents the menu items sold at that specific restaurant. Test products, limited time offerings and optional menu items have not been included in this brochure. Culver's® restaurants are busy and cross-contact may occur between ingredients and between different menu items, including allergens. Culver Franchising System, LLC., its franchisees and employees do not assume responsibility for a particular sensitivity or allergy to any food provided in the restaurants.

Culver's nutritional information is based on information and values sourced from manufacturers, the USDA, and other industry-approved databases, as well as independent lab testing. Recipes are from Culver Franchising System, LLC. Some menu items may not be available at all restaurants. In addition, test products, test formulations or regional menu items have not been included in this brochure. While nutritional information in this brochure is based on standard product formulations, variation may occur due to differences in suppliers, ingredient substitutions, changes in recipe, product assembly at the restaurant level, the region of the country and the season of the year. Serving sizes may vary from the quantity upon which the analysis was conducted. Serving size designation for beverages refer to total cup capacity. The actual fill may be slightly less. The nutritional information in this brochure presumes that the operator of the restaurant, most of which are franchised, is complying with preparation, ingredient, supply and proportioning requirements. None of Culver's menu items are certified as vegetarian; all menu items may contain trace amounts of ingredients derived from animals. If you would like further information on our menu items, or have food allergies, sensitivities or special dietary needs, please go to www.culvers.com. The listings on our website are periodically updated in an effort to reflect the current status of our menu items and may vary from printed materials.

If you have questions or need additional information please reach out at www.culvers.com/contact-us

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